

# Ladder & Stairway Safety Awareness:

***Stairways or ladders shall be provided wherever there is a break in elevation of 19 inches or more and no ramp, runway, embankment or personnel hoist available.***

## Ladder Safety:

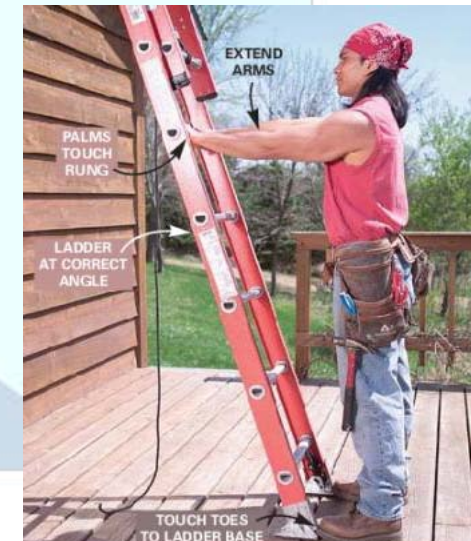
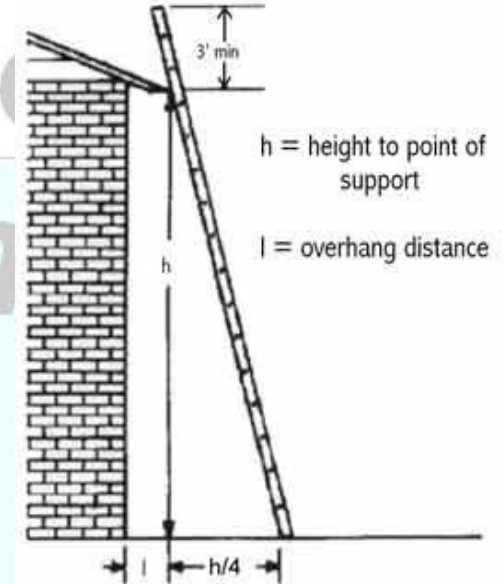
- Avoid Electrical Hazards:
  - Metal ladders are prohibited in buildings with exposed electrical bus bar (usually crane rails).
  - Check for overhead power lines before handling a ladder.
- Always inspect the ladder prior to using it. If the ladder is damaged, it must be removed from service and tagged until repaired or discarded.
- Always maintain a 3-point contact on the ladder when climbing (two hands and a foot, or two feet and a hand).
- Do not use a step ladder as a single ladder or in a partially closed position.
- Do not use the top step/rung of a ladder as a step/rung unless it was designed for that purpose. Never place a ladder on boxes, barrels or other unstable bases to obtain additional height.



## Ladder & Stairway Safety Awareness:

### Ladder Safety:

- An extension or straight ladder used to access an elevated surface must extend at least 3 feet above the point of support.
- Never stand on the three top rungs of a straight or extension ladder.
- The proper angle for setting up a ladder is to place its base a quarter of the working length of the ladder from the wall or other vertical surface.
- Never place a ladder on boxes, barrels or other unstable bases to obtain additional height.
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## Stairs:

- Flights of stairs having four or more risers must be equipped with railings or handrails.
- **Use the hand-rails.**
- Keep stairs clear of all obstructions.

- Fixed stairs shall be provided:
  - Where operations require regular travel from one level to another.
  - To operating platforms that require access routinely during operations, daily or at each shift.
  - For work that may expose Associates to harmful substances or work tasks that require carrying tools or equipment by hand.



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## Presenter Notes:

- Time Required: <5 minutes

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